



**NKHS**  
Northeast Kingdom Human Services

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All About  
**Being  
Human!**

# YOUTH GRIEF SUPPORT GROUP

Youth Grief Support Group provides compassionate peer support for adolescents who have experienced grief. This group aims to foster healing, connection, and growth through shared experience, reflection, and meaningful rituals.



**Starting April 27<sup>th</sup>**, the group will meet the fourth Monday of every month from 3:30pm to 4:30pm.

**Location:** 1197 Main St. (Third Floor)  
St. Johnsbury, VT 05819

**For More Information Contact:**  
Mel Gans at [mgans@nkhs.net](mailto:mgans@nkhs.net)